Mississippi Gulf Red Snapper baked under layers of tomatoes, red onions, parsley and feta cheese.

TIME

45 minutes

SERVES

4

SEASON

spring, fall, winter

METHOD

bake

INGREDIENTS

- 2 lbs Mississippi Gulf red snapper fillets
- 1 each large red onion, thinly sliced
- 2 tsp dried oregano
- 4 Tbsp lemon juice
- 1 each large tomato, cored and chopped
- 1/4 bunch parsley, chopped
- 4 oz feta or blue cheese, crumbled

DIRECTIONS

- 1. Preheat oven to 350 degrees.
- 2. Place fish in a lightly oiled baking dish.
- 3. Lay onions over fish and sprinkle with oregano and lemon juice.
- 4. Mix together parsley and tomato, and toss over fish.
- 5. Top fish with cheese and cover tightly with foil.
- 6. Bake for 25 to 30 minutes or until fish flakes easily with a fork.

Serving Suggestion: Serve with a Greek salad and good bread.